

Cohort Learning Series: Vestibular Rehabilitation Syllabus

Cohort Learning Series · Jeff Walter, PT, DPT, NCS · July – September 2026

This 3-month cohort-based program is designed to help rehabilitation professionals build, apply, and advance their vestibular rehabilitation knowledge with confidence. Combining 10 on-demand courses with three live mentorship webinars, it offers a guided, progressive learning experience with structure, accountability, and real-world clinical application. Participants complete on-demand coursework, submit questions ahead of each session, and join Jeff Walter live for interactive Q&A. Recordings will be available after each live session.

Module 1 — Vestibular Foundations and Disorders

Complete courses and submit questions before July 21 · Live session: Tuesday, July 21, 2026, 6–7pm ET

Step 1	Complete on-demand courses before July 21: On-demand courses 1. Vestibular Anatomy and Physiology 2. Identification and Management of Unilateral Vestibular Disorders 3. Bilateral Vestibular Disorders and PPPD 4. Central Vestibular Disorders and HINTS Testing
Step 2	Submit your questions before the live session. Jeff addresses audience questions in the final 45 minutes. Submit here ↗
Step 3	Join live session: Session 1: Uncovering the Pathophysiology of the Vestibular System Tuesday, July 21, 2026 · 6–7pm ET · See webinar dashboard for link This opening session reviews the anatomy and physiology of the peripheral and central vestibular system, including pathologic changes associated with common vestibular disorders. Advanced content includes identification of canal segments involved in BPPV, characteristics of canal-origin nystagmus, the speculated mechanism of vestibular drop attacks, cochlear and vestibular dysfunction in Ménière's disease, and documentation of key diagnostic traits of superior canal dehiscence. Audience-submitted questions related to vestibular anatomy, physiology, and unilateral, bilateral, and central vestibular disorders will also be addressed.

Module 2 — Vestibular Examination and Compensation

Complete courses and submit questions before August 20 · Live session: Thursday, August 20, 2026, 6–7pm ET

Step 1	Complete on-demand courses before August 20 On-demand courses 5. Vestibular Examination: Oculomotor Testing 6. Vestibular Examination: Postural Control Testing 7. Vestibular Compensation Exercises and Clinical Resources
Step 2	Submit your questions before the live session. Jeff addresses audience questions in the final 45 minutes. Submit here ↗
Step 3	Join live session: Session 2: Five Vestibular Tests to Add to Your Clinical Practice Thursday, August 20, 2026 · 6–7pm ET · See dashboard for link This session expands on vestibular evaluation and rehabilitative treatment concepts introduced in the on-demand coursework. The focus is on five supplemental vestibular special tests not covered in the course modules, including hum testing, auditory recruitment testing, nasal and glottal Valsalva testing, the head-shaking tilt suppression test, and the vestibulo-ocular reflex (VOR) cancellation test. Audience-submitted questions related to vestibular examination and treatment will also be addressed. Content is designed to strengthen clinician competency and support confident, effective direct patient care.

Module 3 — BPPV: Diagnosis and Treatment

Complete courses before September 22 · Live session: Tuesday, September 22, 2026, 6–7pm ET

Step 1	Complete on-demand courses before September 22: On-demand courses 8. BPPV Pathophysiology and Differential Diagnosis of Positional Vertigo 9. Diagnostic Maneuvers for BPPV 10. Treatment Maneuvers for BPPV
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Step 2	Submit your questions before the live session. Jeff addresses audience questions in the final 45 minutes. Submit here ↗
Step 3	<p>Join live session:</p> <p>Session 3: BPPV — Keys to Advanced Practice</p> <p>Tuesday, September 22, 2026 · 6–7pm ET · See dashboard for link</p> <p>This final session focuses on advancing vestibular rehabilitative care for individuals with BPPV, incorporating recent clinical practice updates. Content includes minimal stimulus positioning and testing strategies to enhance management of individuals with kinetosis or anxiety, an in-depth exploration of vestibular agnosia including risk factors and management considerations, and identification and treatment of the short arm variant of posterior canal BPPV. Audience-submitted questions related to BPPV management will also be addressed.</p>